

BorageOil 1000 mg

A great source of
gamma-linolenic acid (GLA)



- Excellent source of omega-6 (GLA)

Tested in our
ISO 17025
Accredited Laboratory



newrootsherbal.com



BorageOil 1000 mg New Roots HERBAL

New Roots Herbal's **BorageOil** is organic and non-GMO. From its bristly stems to its blue star-shaped flowers, virtually all parts of the borage plant (*Borago officinalis*) have been used over the centuries for their healing properties and as a flavouring for foods. As early as the 1600s, Europeans mixed borage leaves and flowers into a wine for its therapeutic properties.

Like evening primrose oil and black currant seed oil, borage oil owes its healing power to the presence of essential fatty acids, the most important of which is *gamma*-linolenic acid (GLA), an omega-6 fatty acid. (While borage oil is often used interchangeably with evening primrose oil, borage oil boasts more than twice as much GLA.) Nature's most potent concentration of GLA comes in the form of borage seed oil (24%).

Fat metabolism is as important, if not more critical, than our body's metabolism of proteins and carbohydrates, as evidenced by the drastic rise in fat-related degenerative diseases, such as vascular disease and strokes. Dietary essential fatty acids common to borage seed oil are ultimately converted to hormone-like substances known as prostaglandins. These regulate a host of bodily functions.

Each softgel contains:

100% Organic borage (<i>Borago officinalis</i>) seed oil.....	1000 mg
<i>gamma</i> -Linolenic acid (GLA) (24%).....	240 mg
Linoleic acid (37%).....	370 mg

Solvent-free. Not bleached, deodorized, or refined. Cold-pressed.

Other ingredients: Natural vitamin E (D-*alpha*-tocopherol) (from non-GMO sunflower) in a softgel containing bovine gelatin, glycerin, and purified water.

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Suggested use:

Adults: As a source of essential fatty acids for the maintenance of good health, take 2 softgels twice daily or as directed by your health-care practitioner.

Manufactured under strict GMP (Good Manufacturing Practices).

HP0775

